

GROWN OLD WITH ME

Music : « Grown old with me » by Sunny Sweeney **Album** : Trophy (2017)

Chorégraphes : Elvy & Bruno Penet (septembre 2022)

Description : Line Dance , 32 counts, 4 walls

Level : Beginner

Intro : 16 counts

SECTION 1 : Stomp, Stomp 1/4 Turn Left, Large Step, Stomp, Heel bounces X2 ¼ Turn Left, Left Coaster Step

1 – 2 Stomp Right forward, ¼ turn left & stomp Left forward (9 :00)

3 – 4 Large step Right diagonal right, Stomp Left to left side

5 – 6 Heel bounces with 1/8 turn left X2 (6 :00)

7 & 8 Step Left back, step Right beside Left, step Left forward

Restart : 6^{te} séquence

SECTION 2 : Side, Together, Shuffle forward, Step, Step, Sailor Step ¼ Turn Left

1 – 2 Step Right to right side, step Left beside Right

3 & 4 Step Right forward, step Left beside Right, step Right forward

5 – 6 Step Left forward, step Right forward

7 & 8 ¼ turn left & cross Left behind Right, step Right beside Left, step Left slightly forward (3:00)

SECTION 3 : Skate R & L, Shuffle Forward, Rock Fwd, ½ Turn L & Shuffle Fwd

1 – 2 Step Right forward (skate), step Left forward (skate)

3&4 Step Right forward, step Left beside Right, step Right forward

5 – 6 Step Left forward, recover weight on Right

7&8 ½ turn left & step Left forward, step Right beside Left, step Left forward (9 :00)

SECTION 4 : ¼ turn L & Stomp, Hold, Step Together, ¼ Turn R & Step Fwd, Together, Rocking Chair

1 – 2 ¼ turn right & stomp Right to right side, hold (6 :00)

&3 – 4 Step Left beside Right, ¼ turn right & step Right forward, step Left beside Right (9 :00)

5 – 6 Step Right forward, recover weight on Left

7 – 8 Step Right back, recover weight on Left

TAG After walls 1, 2, 4, 7 add the steps :

Heel Switches

1& Touch Right Heel forward, step Right beside Left

2& Touch Left Heel forward, step Left beside right

RESTART 6th wall, after the 1th section

FINAL 8th wall / 1th section / after the 6th count, add the steps :

Cross Right over Left, unwind ½ turn left

**Workshop du 17 September 2022 – Moulins 03000 – Club SMOKY BOOTS
par Challenge Boy – CRAZY DANCERS OF COUNTRY MUSIC**

Site : <http://challengeboy.free.fr/>